

How to Manage Your Mouth

A Study on the Book of James

James 3:1-12

LOOSE LIPS SINK SHIPS

I Should Watch What I Say Because...

❶ MY TONGUE DIRECTS WHERE I GO.

(James 3:3-4)

❷ MY TONGUE CAN DESTROY WHAT I HAVE.

(James 3:5-8)

❸ MY TONGUE SHOULD DISPLAY WHO I AM.

(James 3:9-12)

TAMING THE TONGUE

Before I Open My Mouth I Should...

❶ GUARD THE HEART.

(Matthew 12:33-34)

❷ ASK GOD FOR HELP EVERY DAY.

(Psalm 141:3,19:14)

❸ THINK BEFORE SPEAKING.

(James 1:19-20, Proverbs 15:28)

REALife Application

Use the following questions this week to reflect on what it would mean to align yourself with the truths taught in scripture. Each question is meant for both personal reflection and as a catalyst for discussion with your family, friend, or REALife Group.

Series Big Idea:

Maturity is consistently hitting the bulls eye (doing the right thing), no matter the circumstance.

Key Questions:

1. What do the examples of a bit, rudder and fire teach about the importance of watching what we say?
2. In light of verse 8, what hope do we have in relation to controlling our mouth?
3. In your everyday conversation, how seriously do you take verse 9? Jesus and the apostles Peter and Paul, were not always very "tame" when it came to the tongue. When is harsh language acceptable and maybe even appropriate?
4. How do verse 2 and 10 make you feel about your tongue? How will they prompt you to pray?

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